Hello Youth First Families!

2022-2023 school year is sure to be an exciting one! As always, my role as a Youth First Social Worker is to continue providing support for our students. This can be done in individual or group settings during the school day, and for various reasons including school adjustment, anxiety, grief, divorce/separation adjustment, peer conflict, self-esteem, check-ins, and more. The goal is to help students achieve success in and out of the classroom. If you are interested in having your student work with me again this school year (or for the first time), please complete and sign the attached forms. Once I receive signed consent forms, I will make contact and discuss intake information that will assist in getting to know your student and family a little better. I look forward to hearing from you!

If you have any questions, please contact me at 812-308-9081 (text/call) or via email at [scarnahan@youthfirstinc.org](mailto:scarnahan@youthfirstinc.org).

Thank you,

Sierra Carnahan, LSW

Youth First Social Worker

Holy Redeemer/Saint Wendel

Phone: 812-308-9081

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